



avir
Institute of skills



SIT30821 Certificate III in Commercial Cookery

CRICOS Course Code: 114174H

**CRICOS Code: 04043A
RTO Code: 45890**



**NATIONALLY RECOGNISED
TRAINING**

Qualification Description

This qualification reflects the role of cooks who use a wide range of well-developed cookery skills and sound knowledge of kitchen operations to prepare food and menu items. Using discretion and judgement, they work with some independence and under limited supervision using plans, policies and procedures to guide work activities.

Completion of this qualification contributes to recognition as a trade cook. This qualification provides a pathway to work as a cook in organisations such as restaurants, hotels, clubs, pubs, cafes, and coffee shops.

The skills in this qualification must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

Pre-requisites

There are no pre-requisites for this qualification. Units marked with an * have pre-requisite unit requirements.

Course Duration

This qualification will be delivered over **60 weeks**, including **48 weeks of training and assessment** and up to **12 weeks** of holidays.

Note that supplementary classes will be scheduled, and attendance required, should additional classes be required to allow for classes missed as a result of public holidays, or other interruptions, and/or for students who require further training and/or reassessment.

Fee Structure

Tuition Fees: \$16,100
Material Fees: \$1,100
Enrolment Fees: \$300 (Non - Refundable)
Total Course Fees: \$17,500

All amounts are in AUD. The supply of an education course is a GST-free supply.
Refer to the Fees and Refunds policy in the student handbook or website for further details.

Learning Pathways

You may enrol in the following qualification/s upon the completion of this program to further enhance your knowledge and skills:

- SIT40521 CERTIFICATE IV IN KITCHEN MANAGEMENT
- SIT50422 DIPLOMA OF HOSPITALITY MANAGEMENT
- SIT60322 ADVANCED DIPLOMA OF HOSPITALITY MANAGEMENT

Job Outcomes

Occupational titles may include:

- Cook
- Commercial Cook
- Banquet Cook
- Café Cook
- Bistro Cook

Mode of Delivery

Classroom based Face to Face with Structured Independent Learning.



Units of Competency

To achieve this qualification, you must demonstrate competency in:

Total units of competency : 25

Core units: 20

Elective units: 5

Unit Code	Unit Title	Core/ Elective
SITXFSA005	Use hygienic practices for food safety	Core
SITXFSA006	Participate in safe food handling practices	Core
SITHCCC023*	Use food preparation equipment	Core
SITHCCC027*	Prepare dishes using basic methods of cookery	Core
SITXWHS005	Participate in safe work practices	Core
SITHCCC028*	Prepare appetisers and salads	Core
SITHCCC029*	Prepare stocks, sauces and soups	Core
SITHCCC030*	Prepare vegetable, fruit, eggs and farinaceous dishes	Core
SITHCCC031*	Prepare vegetarian and vegan dishes	Core
SITHCCC035*	Prepare poultry dishes	Core
SITHCCC036*	Prepare meat dishes	Core
SITHCCC037*	Prepare seafood dishes	Core
SITHCCC041*	Produce cakes, pastries and breads	Core
SITHCCC042*	Prepare food to meet special dietary requirements	Core
SITHKOP009*	Clean kitchen premises and equipment	Core
SITHKOP010	Plan and cost recipes	Core
SITHPAT016*	Produce desserts	Core
SITXHRM007	Coach others in job skills	Core
SITXINV006*	Receive, store and maintain stock	Core
SITHCCC043*	Work effectively as a cook	Core
SITHCCC026*	Package prepared foodstuffs	Elective - A
SITHCCC032*	Produce cook-chill and cook-freeze foods	Elective - A
SITHCCC033*	Re-thermalise chilled and frozen foods	Elective - A
HLTAID011	Provide First Aid	Elective - C
SITXINV007	Purchase goods	Elective - C

Entry Requirements

AVIR Institute of Skills has the following entry requirements for International Students:

International students must:

- Be at least 18 years of age.
- Have completed Year 12 or equivalent.
- Participate in a course entry interview to determine suitability for the course and student needs.
- must hold a current and valid study VISA
- must undertake an ACSF level LLN (language, literacy and numeracy) assessment
- Have an IELTS* score of 5.5 or Equivalent (test results must be no more than 2 years old).
- English language competence can also be demonstrated through documented evidence of any of the following:
 - Educated for 5 years in an English-speaking country; or
 - Successful completion of an English Placement Test

Conditions of Entry:

For International Students: it is a condition of entry that upon acceptance, student provide evidence of having an Australian student visa (SubClass 500). Student are advice to refer government website for information about applying :

<https://immi.homeaffairs.gov.au/visas/getting-a-visa/visa-listing/student-500>

Teaching & Assessment Methods

Teaching is conducted in the classroom as well as in the commercial kitchen settings when required to stimulate real work environment. The delivery will include face to face teaching, lectures, discussions, research, learning activities, group work, and supervised practical sessions. Assessments comprise of demonstrations, written questions answers, case studies and projects.

Work Based Training

Students are required to complete a minimum of 200 hours of compulsory work placement including organising, preparing and cooking a variety of food items in a commercial kitchen to meet the qualification requirements of SIT30816 Certificate III in Commercial Cookery.

Physical Requirements

Students who participate in this course will need the physical capability to lift and carry heavy pots; have unrestricted use of both hands to use kitchen tools and equipment efficiently and be able to stand up in a kitchen all day.

Safety Requirements

Every student is required to wear Personal Protection Equipment (PPE): safety boots and Chef uniform at every training session/practical demonstration session.

Resource Requirements

One PC/Laptop or Tablet | Speakers/Headphones and a Microphone | A web camera | Microsoft Office | PDF Reader.

Credit Transfer & Recognition of Prior Learning (RPL)

Learners with prior learning and work experience can apply for Recognition of Prior Learning (RPL). Learners who have completed corresponding units of competency and/or units contained within the packaging rules can apply for Credit Transfer.



If you have any further questions or would like to discuss your individual circumstances,
Please get in touch with us.

Email us: info@avir.net.au Call Us: 1300 042 847

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